

H1N1 Nasal Spray Vaccine –(Live Attenuated Intranasal Vaccine - LAIV)

Student Health Services has acquired its first batch of vaccine for H1N1. We have 500 doses of the H1N1 Nasal Spray Vaccine (LAIV) for administration to students. Since it is a live virus, there are several restrictions on its use. The LAIV can only be used in **healthy people** between the ages of 2 years and 49 years; for our students that would mean those between the ages of 16 years and 49 years.

The 2009 H1N1 Nasal Spray Vaccine (LAIV) should **not** be given to the following groups:

- Adults 50 years and older
- Pregnant women
- Anyone with a weakened immune system, e.g. those with HIV/AIDS; those on medications which suppress the immune system; those with cancers; or transplant patients
- Anyone with a long-term health problem, such as heart disease, lung disease, asthma, kidney or liver disease, metabolic disease e.g. diabetes, anemia and other blood disorders, including sickle cell disease
- Anyone with certain muscle or nerve disorders, e.g. cerebral palsy, which can lead to breathing or swallowing problems
- Anyone in close contact with a person with a severely weakened immune system who requires care in a protected environment
- Adolescents and children on long-term aspirin treatment
- Anyone with severe allergy to eggs

If you **do not** fall into any of the above mentioned groups, you **may be eligible** to safely take the LAIV.

If you are unsure about your health status or eligibility to take the H1N1 Nasal Spray Vaccine (LAIV), please consult your personal physician, and discuss any life-threatening allergic reaction you may have had after a dose of the seasonal flu vaccine in the past, as well as any history of Guillain-Barre syndrome. The Vaccine Information Statement on the 2009 H1N1 Nasal Spray Vaccine (LAIV) is posted on the SHS website as well as on the University's H1N1 website (http://prepare4flu.eku.edu/docs/nasal_spray_vaccine.pdf); please read the material carefully.

Students who wish to take the H1N1 Nasal Spray vaccine (LAIV) must first go to the Student Health Services website (<http://www.healthservices.eku.edu/>) and access the **Consent to be Vaccinated** form. The form should be printed out, completed, signed, and dated, and brought to SHS for the vaccination.

There is no charge for the vaccination, and no appointment is necessary. Vaccinations are given between the hours of 9:00 am and 4:00 pm, Monday through Friday, at SHS, which is located on the first floor of Rowlett. You must present a current and valid EKU Student ID at the check-in station. If you have an ongoing illness which is moderate or severe in intensity, please wait until you recover before getting the H1N1 Nasal Spray Vaccine (LAIV).

Student Health Services is expecting more H1N1 vaccine in the near future.