



EASTERN KENTUCKY UNIVERSITY

Serving Kentuckians Since 1906

DIVISION OF STUDENT AFFAIRS
Student Health Services

John D. Rowlett Building
521 Lancaster Avenue
Richmond, Kentucky 40475-3102
(859) 622-1761
(859) 622-1767 fax
studenthealthservices@eku.edu • www.eku.edu

Dear Dr. _____,

We at Eastern Kentucky University Student Health Services are happy to administer allergy injections to your patient, _____ . We must, however, clarify the conditions under which these shots are given.

The serum, upon receipt by SHS, is immediately refrigerated. When the patient presents at our clinic, vital signs specified by his/her allergist are obtained. After ensuring that a physician is immediately available if needed, serum is drawn up by an RN or CMA (according to dosing chart provided by your office), and administered using aseptic technique. The patient is then observed for at least 20 minutes for any adverse reaction, and discharged only after inspection of the injection site, and general evaluation of the patient, by an RN or a CMA reveals no problems.

In the event of an adverse reaction, we have available at our clinic sq epinephrine 1:1000 dilution, IM Benadryl, IM steroids, and supplemental oxygen via nasal canula. We do not have the capability for IV access, nor airway management via intubation. We rely on our local EMS for emergency transport to our local, full service hospital emergency room; and their response time so far has been exceptionally good.

You know your patients best; should you feel that you patient requires more than this, it would seem appropriate that he/she receive his/her shots at a facility better able to meet his/her needs. We will be glad to forward the medical records and the serum to the new facility of the patient's choosing. We receive sera for administration, accompanied by instructions, from allergists and ENT physicians from all over the nation. Often there are wide variations in the instructions for managing adverse reactions. While one is satisfied with sq epinephrine for wheezing and shortness of breath, another requires IV aminophylline. Our limited resources restrict our ability to provide everyone with everything. We have, therefore, settled on these measures as the most reasonable for our situation.

If you feel that our facility will adequately meet the needs of your patient, please indicate your consent by your signature below the following statement, and return to us.

I have read the procedure and protocol governing the administration of allergy shots at Eastern Kentucky University Student Health Services, and find them acceptable for my patient, _____. Any future, dated, standard material calling for intervention greater than can be provided at EKU SHS can be disregarded.

Printed Name

Date Signed

Signature

Thank you for your cooperation.

Sincerely,

Pradeep Bose, M.D.
Director
Student Health Services



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To: Allergy Office
From: Pradeep Bose, M.D., Director
Re: Policy on Allergy injections for students
Date: June 3, 2005

Allergy injections are given by Registered Nurses and certified Medical Assistants trained in the procedure, at the Student Health Services facility, from 8:30 am to 11:00 am and 12:00 pm to 3:30 pm, Monday through Friday when school is in session. A Student Health physician must be in the building when the injections are given.

Detailed instructions from allergist must be on file in the student's chart. This would include dosing schedule and instruction from allergist regarding any reaction. First injections, when initiating therapy, are not given at SHS. At the beginning of each school session and following school breaks, documentation of up-to-date injections must be presented to SHS staff.

Student is required to remain at SHS for twenty minutes following injections or longer if requested by allergist, and have injection sites checked by RN or CMA before leaving. Failure to do so will result in termination of allergy extract administration services.

Each student is responsible for ordering and maintaining his or her own supply of allergy extract.

The RN or CMA may find it necessary to call allergist's office for instructions regarding specific situations, which may arise. Verbal orders cannot be accepted; all instructions must be in writing, and may be transmitted by fax or regular mail. Our fax number is (859) 622-1767. Our mailing address is:

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Rowlett 103
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